



Radiant Light Spiritual Direction

The Spark

January 2021

Dear Friends,

Welcome the new year! We will resume our guided virtues meditation on Monday, January 25th at 7pm.

If you are interested in these on-line topics, please contact me. We can set the dates and times based on interest:

- **Meditation: Turning Within (Part 1 and Part 2)**
- **Reconciliation of Opposites: Clearing the Shadow and Transcending Duality**
- **Meher Baba's Message of Divine Love**

My prayers for you, your friends and family during these challenging times.

Rev. Marilyn L. Buehler, M.Div.

Spiritual Director

Radiant Light Spiritual Direction

916-812-9496

marilyn@radiant-light.org

<http://www.radiant-light.org/>

On-Line Guided Meditation and Reflection

Monday, January 25th at 7pm

Join us for a short on-line guided meditation focused on a virtue. Virtues are linked to our health, healing, and expansion of consciousness. Focusing on a virtue opens our hearts and helps us to be receptive to our higher intuitive mind and intuition.

For next month or two, we will meet just once a month--the fourth Monday. Please [contact me](#) to receive the WebEx link and instructions.

Meher Baba's Message of Divine Love

WebEx Meeting TBD

Since 1973, I have been inspired and guided by the teachings of Meher Baba. If there is enough interest, I will set up a WebEx meeting to share his message of Divine Love and a video or two. Meher Baba lived in India from 1894 to 1969. He observed silence from 1925 until his passing in 1969. He stated, "You have asked for and have been given enough words—it is now time to live them".

"I have come to sow the seed of love in your hearts, so that, in spite of all superficial diversity which your life in illusion must experience and endure, the feeling of oneness, is brought about amongst all the nations, creeds, sects and castes of the world." Meher Baba



"I have not come to establish any cult, society or organization; nor even to establish a new religion. The religion that I shall give teaches the knowledge of the one behind the many. The book that I shall make people read is the book of the heart that holds the key to the mystery of life" Meher Baba

Ponder This

Be ahead of all parting, as though it already were behind you, like the winter that has just gone by. For among these winters there is one so endlessly winter that only by wintering through it will your heart survive.

Rainer Maria Rilke

Rev. Marilyn Buehler, M.Div.
2443 Fair Oaks Blvd #212, Sacramento, CA 95825

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