

The Spark

April 2021

Dear Friends,

For April, our regularly scheduled WebEx meetings include:

- First Monday: **Meher Baba meeting**
- Fourth Monday: **Guided Virtues Meditation**

The morning of Wednesday, April 28th, I will offer the 3-hour workshop online: Reconciliation of Opposites: Clearing the Shadow and Transcending Duality. Please RSVP to register. Course payment can be made by PopMoney, Zelle, or check.

I will be scheduling meditation classes later in the spring. Also, in May, I will start an on-going monthly group. If any of these topics interest you, please let me know.

- **Meditation: Turning Within (Part 1 and Part 2)**
- **Touching Spirit (*new monthly meeting starts in May*)**
- **Esoteric Insights into the Dying Process**

May you find peace during these challenging times.

Rev. Marilyn L. Buehler, M.Div.

Spiritual Director

Radiant Light Spiritual Direction

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<http://www.radiant-light.org/>

On-Line Guided Meditation and Reflection

Fourth Monday of the Month at 7pm

April meeting: Monday, April 26th

Join us for a short on-line guided meditation focused on a virtue. Virtues are linked to our health, healing, and expansion of consciousness. Focusing on a virtue opens our hearts and helps us to be receptive to our higher intuitive mind and intuition.

We will meet once a month--the fourth Monday. Please RSVP to marilyn@radiant-light.org and I will email the WebEx link and instructions.

Reconciliation of Opposites

Clearing the Shadow and Transcending Duality

Wednesday, April 28th 9:30 am to 12:30 pm

Sliding Scale course fee: \$40 to \$75

Do you sometimes feel stuck, or find yourself in the same situation over and over again? This workshop presents practical and liberating techniques to uncover and release the unconscious emotions and beliefs that may draw these situations to you.

As these states of mind come to light and are released, you will naturally find peace and balance. Learn to gently free yourself, and find balance through simple, powerful, and fast exercises for creating balance and harmony.

This is a fun and enlightening workshop. It helps us see how the ego works and how to be free from its "endless loop".

This class is based on *The Marriage of Spirit: Enlightened Living in Today's World* by Leslie Temple-Thurston. No need to read the book, I do my best to make these esoteric concepts accessible to anyone!

Please contact me at marilyn@radiant-light.org to register.

Touching Spirit

Third Wednesday of each month at 10:00 am to 11:15 am (Pacific)

Sliding Scale course fee: \$20 to \$40

Starting Wednesday, May 19th, this new monthly group meeting will be a blend of guidance in spiritual principles and practices on a selected theme, along with time for questions and to explore the challenges of each participant's unique spiritual path.

Please contact me at marilyn@radiant-light.org to register.

Esoteric Insights into the Dying Process

I am putting together ideas for a workshop that may include the following:

1. We will watch a DVD by Barbara Karnes, Hospice Nurse, on *New Rules for End of Life Care*.
2. How to be a Spiritual Companion with the dying. What do I say?
3. Esoteric Insights into the Dying Process. Understand the process by which the soul is released from the physical and subtle bodies.
4. Closing the Chakras - after death, this ritual helps release the etheric body from the physical body.

Please contact me at marilyn@radiant-light.org to learn more.

Virtual Interfaith Field Trip

The 2021 Parliament of the World's Religions

October 17 - 18, 2021

We have not had an interfaith field trip in a long time. Mark your calendars! In October, there will be a virtual Parliament of the World's Religions. Take advantage of this enlightening two-day event. Join us and travel by Zoom!

The 8th Parliament of the World's Religions, hosted for the first time virtually, will bring together people of faith from around the world. This will be a gathering gather of the world's global interfaith movement and will celebrate the enduring spirit and work of religious and spiritual communities striving toward a more just, peaceful, and sustainable world.

[Click here to learn more and register](#)

[Click here to access links about past Parliaments](#)

Meher Baba's Message of Divine Love

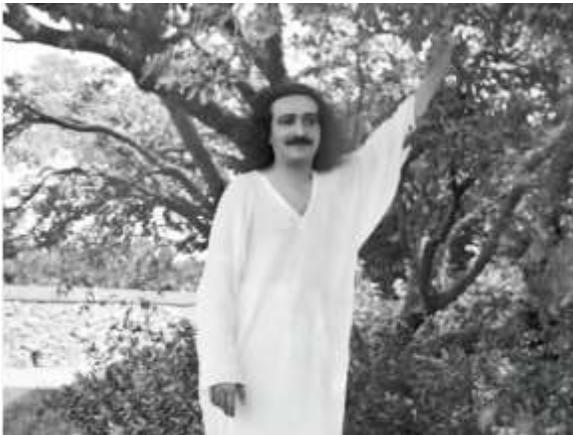
First Monday of the Month at 7pm to 8:15 pm

Our next meeting will be held Monday, April 5th

During this WebEx meeting, attendees are welcome to read from the vast array of sources about Meher Baba's life and the lives of those who lived with, and or met [Meher Baba](#). You are welcome to share anything that inspires you on your spiritual journey, poetry, a song.

This meeting is open to anyone interested in learning more about Meher Baba's message.

Please RSVP at marilyn@radiant-light.org, and I will email you a WebEx link for the meeting.



If you want to remember or offer worship to God, do it honestly and loyally with all your heart and mind. Even if you can only remember or pray to him a few minutes each day, do it sincerely. Compared to babbling for hours on end, a sincere prayer of two minutes has more effect. It immediately reaches God's ears. The reason is that God always listens to the voice of the heart.

Meher Baba

Ponder This

Language of the soul is spoken without tongue;
Its soundless symphony is heard not by keenness of ear,
but only by those who are deaf to the noises of the world.

Swami Paramananda
