



Radiant Light Spiritual Direction

The Spark

May 2021

Dear Friends,

For May, our regularly scheduled WebEx meetings include:

- First Monday: **Meher Baba meeting**
- Fourth Monday: **Guided Virtues Meditation**

Upcoming in June: Reconciliation of Opposites: Clearing the Shadow and Transcending Duality. Please RSVP to register. Course payment can be made by PopMoney, Zelle, or check.

I am happy to schedule meditation classes later in the spring. If any of these topics interest you, please let me know.

- **Meditation: Turning Within (Part 1 and Part 2)**
- **Esoteric Insights into the Dying Process**

May you find peace during these challenging times.

Rev. Marilyn L. Buehler, M.Div.

Spiritual Director

Radiant Light Spiritual Direction

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<http://www.radiant-light.org/>

On-Line Guided Meditation and Reflection

Fourth Monday of the Month at 7pm

Monday, May 24th

Join us for a short on-line guided meditation focused on a virtue. Virtues are linked to our health, healing, and expansion of consciousness. Focusing on a virtue opens our hearts and helps us to be receptive to our higher intuitive mind and intuition.

We will meet once a month--the fourth Monday. Please RSVP to marilyn@radiant-light.org and I will email the WebEx link and instructions.

Reconciliation of Opposites

Clearing the Shadow and Transcending Duality

Two 90-minute sessions.

Date/Time to be determined based on interest

Sliding Scale course fee: \$40 to \$75

Do you sometimes feel stuck, or find yourself in the same situation over and over again? This workshop presents practical and liberating techniques to uncover and release the unconscious emotions and beliefs that may draw these situations to you.

As these states of mind come to light and are released, you will naturally find peace and balance. Learn to gently free yourself, and find balance through simple, powerful, and fast exercises for creating balance and harmony.

This is a fun and enlightening workshop. It helps us see how the ego works and how to be free from its "endless loop". This class is based on *The Marriage of Spirit: Enlightened Living in Today's World* by Leslie Temple-Thurston. No need to read the book, I do my best to make these esoteric concepts accessible to anyone!

Please contact me at marilyn@radiant-light.org to register.

Virtual Interfaith Field Trip

The 2021 Parliament of the World's Religions

October 17 - 18, 2021

We have not had an interfaith field trip in a long time. Mark your calendars! In October, there will be a virtual Parliament of the World's Religions. Take advantage of this enlightening two-day event. Join us and travel by Zoom! If you register by May 31st, the cost is only \$50.

The 8th Parliament of the World's Religions, hosted for the first time virtually, will bring together people of faith from around the world. This will be a gathering gather of the world's global

interfaith movement and will celebrate the enduring spirit and work of religious and spiritual communities striving toward a more just, peaceful, and sustainable world.

[Click here to learn more and register](#)
[Click here to access links about past Parliaments](#)

Meher Baba's Message of Divine Love

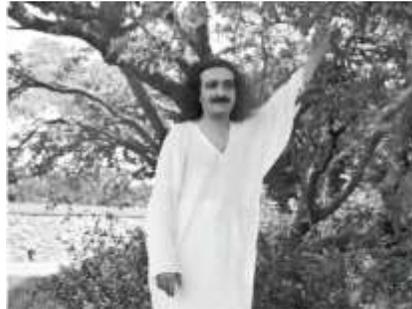
First Monday of the Month at 7pm to 8:15 pm
Our next meeting will be held Monday, May 3rd

During this WebEx meeting, attendees are welcome to read from the vast array of sources about Meher Baba's life and the lives of those who lived with, and or met [Meher Baba](#). You are welcome to share anything that inspires you on your spiritual journey, poetry, a song.

This meeting is open to anyone interested in learning more about Meher Baba's message. Please RSVP at marilyn@radiant-light.org, and I will email you a WebEx link for the meeting.

Be Cheerful, It Helps Others

If you don't want to be old before you really ought to become old, be cheerful in deed, thought, word and in appearance — most of all in appearance.



Maybe you are not happy. I always find half of you garlic-faced. When you eat garlic it is a smell passed on to all; so when you appear garlic-faced, that too is catching — it is contagious. It is a divine art to look always cheerful. It is a divine quality. It helps others. When you are garlic-faced it makes others unhappy.

Meher Baba

Ponder This

Don't ask what the world needs. Ask what makes you come alive, and go do it. Because what the world needs is people who have come alive.

Howard Thurman
