

The Spark

July 2021

Dear friends,

For the summer, I am on recess from teaching and offering guided meditations. Please enjoy the summer and we will get together in the fall. I will, for sure, resume the guided Virtues meditations.

I will not return to the Arden-Dimick library to offer the monthly Chair Yoga classes. When I resume teaching in the fall, most offerings will be virtual. I am considering an evening session to read spiritually inspired stories. We can ponder the deeper meaning we each gather from the stories and share our insights.

As I take a few months to be open to new things I may offer, I welcome your letting me know what interests you.

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Ponder This

From the spiritual point of view, the only important thing is to realize Divine Life and to help others realize it by manifesting it in everyday happenings.

To penetrate into the essence of all being and significance and to release the fragrance of that inner attainment for the guidance and benefit of others – by expressing, in the world of forms, truth, love, purity, and beauty – this is the sole game that has intrinsic and absolute worth. All other happenings, incidents, and attainments in themselves can have no lasting importance.

Meher Baba

Virtual Interfaith Field Trip

**The 2021 Parliament of the World's Religions
October 17 - 18, 2021**

We have not had an interfaith field trip in a long time. Mark your calendars! In October, there will be a virtual Parliament of the World's Religions. Take advantage of this enlightening two-day event. Join us and travel by Zoom!

The 8th Parliament of the World's Religions, hosted for the first time virtually, will bring together people of faith from around the world. This will be a gathering gather of the world's global interfaith movement and will celebrate the enduring spirit and work of religious and spiritual communities striving toward a more just, peaceful, and sustainable world.

**[Click here to learn more and register](#)
[Click here to access links about past Parliaments](#)**

Click here to [Sign the Petition](#)

PRESERVE THE KASSIS PROPERTY OPEN SPACE

For those of you who live in the Sacramento area, please consider signing this petition to save one of the last wildlife sanctuaries along the Lower American River. Rancho Cordova is poised to let Trumark, an out-of-town developer, wipe out a critical refuge for wildlife to build 24 million dollar homes with river views.

The Kassis property in Rancho Cordova is one of the last sizable areas of open space along the American River Parkway. This land is home to the river's bald eagles, deer, bobcats, foxes, hawks, owls, and many more of the Parkway's wild residents.

Endangered Swainson's Hawk have been spotted in the vicinity. Fisherman routinely find their way to the base of this property to stand quietly in the pursuit of steelhead. Here is where the wildlife escapes to when the river floods their homes on the American River Parkway.

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