



Radiant Light Spiritual Direction

The Spark - May 2022

Dear friends,

All are welcome to attend our monthly Guided Virtues Meditation and Spiritual Topics Study Group. To experience a new contemplative practice, join us for the Aquarian Rosary.

Peace and Blessings,
Rev. Marilyn L. Buehler, M.Div.
Spiritual Director
Radiant Light Spiritual Direction
marilyn@radiant-light.org
<http://www.radiant-light.org/>

Personal spiritual direction to support your unique spiritual quest. [Click here to learn more.](#)

Guided Virtues Meditation

Wednesday, May 18th at 4:30 pm

Join us for an on-line guided meditation focused on a virtue. Virtues are linked to our health, healing, and expansion of consciousness. Focusing on the virtues opens our hearts and helps us to be receptive to our higher intuitive mind.

Please email Marilyn to receive the link for this meeting. marilyn@radiant-light.org

No fee for this guided meditation.

Spiritual Topics Study Group

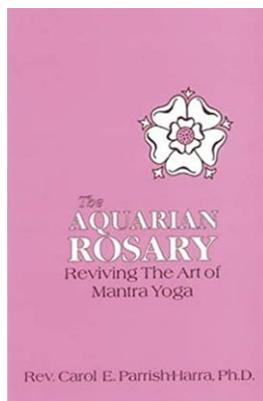
Thursday, May 26th at 4:00 to 5:00 pm

This month, we will meet on Thursday, May 26th to read and discuss various topics of the spiritual quest. We will read from Meher Baba's [Discourses](#). I will share the pages on the screen, so you do not need a copy of the book. Each month, the group can choose a topic of interest to read and discuss.

The *Discourses* covers many subjects, both practical and highly esoteric. Chapters go into the human search for the Truth and God, spiritual advancement, and the spiritual path.

Please email Marilyn to receive the Zoom link for this meeting. marilyn@radiant-light.org

No fee for this study group.



Aquarian Rosary

The Art of Mantra Yoga

Wednesday, May 11th 4 to 5 pm

Sliding scale: \$10 - \$20

The session will be an introduction to the Aquarian Rosary. All are welcome to learn about and to pray the Aquarian Rosary. [To learn more, click here.](#)

The Aquarian Rosary is an adaptation of the traditional rosary that embraces the divine feminine aspect of God. Devotion to Mary invokes our feminine, receptive, and nurturing qualities to balance ourselves and society. The discussion and practice of the rosary is based on the, [The Aquarian Rosary, Reviving the Art of Mantra Yoga](#) by Rev. Carol Parrish-Harra, Ph.D.

Email Marilyn to register for this study and practice: marilyn@radiant-light.org

Ponder This

All the darkness in the world cannot extinguish the light of a single candle.

St. Francis of Assisi

What is Spiritual Direction?

Spiritual direction supports you on your spiritual journey, making it a less isolated experience. Spiritual direction is an opportunity to tend to the awareness of the sacred in your life and to how you are being prompted to express that sacredness.

Our first meeting is always free of charge. During an initial 50 minute on-line meeting we will explore your interests and needs to determine if spiritual direction will be of value to you. I am a member of [Spiritual Directors International](#). Browse their website to learn more.

The wisdom you seek is already written in your heart
